

ALDI STORES

Onsite Early Intervention Physiotherapy

OBJECTIVES

To proactively safeguard employee health by providing prompt management of symptoms (or pain) before more significant injuries occur and supporting injured employees through their recovery.

To avoid costly injuries and minimise workers compensation claims and associated workers compensation premium.

To increase productivity by reducing travel for offsite appointments, reduce absence due to musculoskeletal pain or soreness and reduces Lost Time Injury (LTIs).



IMPACT



338 injuries treated



965 treatments completed with on average 4 treatments till discharge



15 claims prevented



Transition to up to 50% of time spent on onsite proactive injury prevention activities



EML Grant
\$128,053
FY19 – FY20

FEEDBACK

We only have positive feedback regarding our onsite physiotherapy services.

It's helped us to reduce healing timeframes for injuries & helped us to keep a closer eye on progress of employees with injuries.

We wish to expand this model on a national scale and include Store Operations as well.

Strains and Sprains account for 65% of all injuries sustained onsite.

Top 4 most common injury parts (back, neck, shoulder & elbow) accounted for 76% of injuries.

Allows us to facilitate returns to Pre-Injury Capacity without having to lodge claims in a majority of situations.

DELIVERABLES

Taking a proactive role in the management of injuries followed by predictive injury management

- ✓ Systematic monitoring of employees with discomfort.
- ✓ Onsite rehabilitation at the earliest onset of issues.
- ✓ Ergonomic assessments carried out in store for high risk cases.
- ✓ Injury prevention initiatives introduced (eg stretching for specific tasks)
- ✓ Weekly catch ups to discuss challenging cases.
- ✓ Consistent and informative reporting from booking system.
- ✓ Training sessions on manual handling for managers.
- ✓ Preventative strength programs & manual handling advice.

EMPLOYEES IN FOCUS

Helping employees reduce the risk of sustaining serious injuries

