

WeCARE365™

“The simplest scalable program to prevent mental health issues, and build a culture of care.”

SPC Case Study

65% completed

“Mental Health is now more important than ever and Covid has been a challenge for us all.

We needed a program that could be used across all staff and that enabled our teams to know how to support each other in times of distress in a practical and effective way”

Pam Arnold – SPC Head of Risk and Sustainability



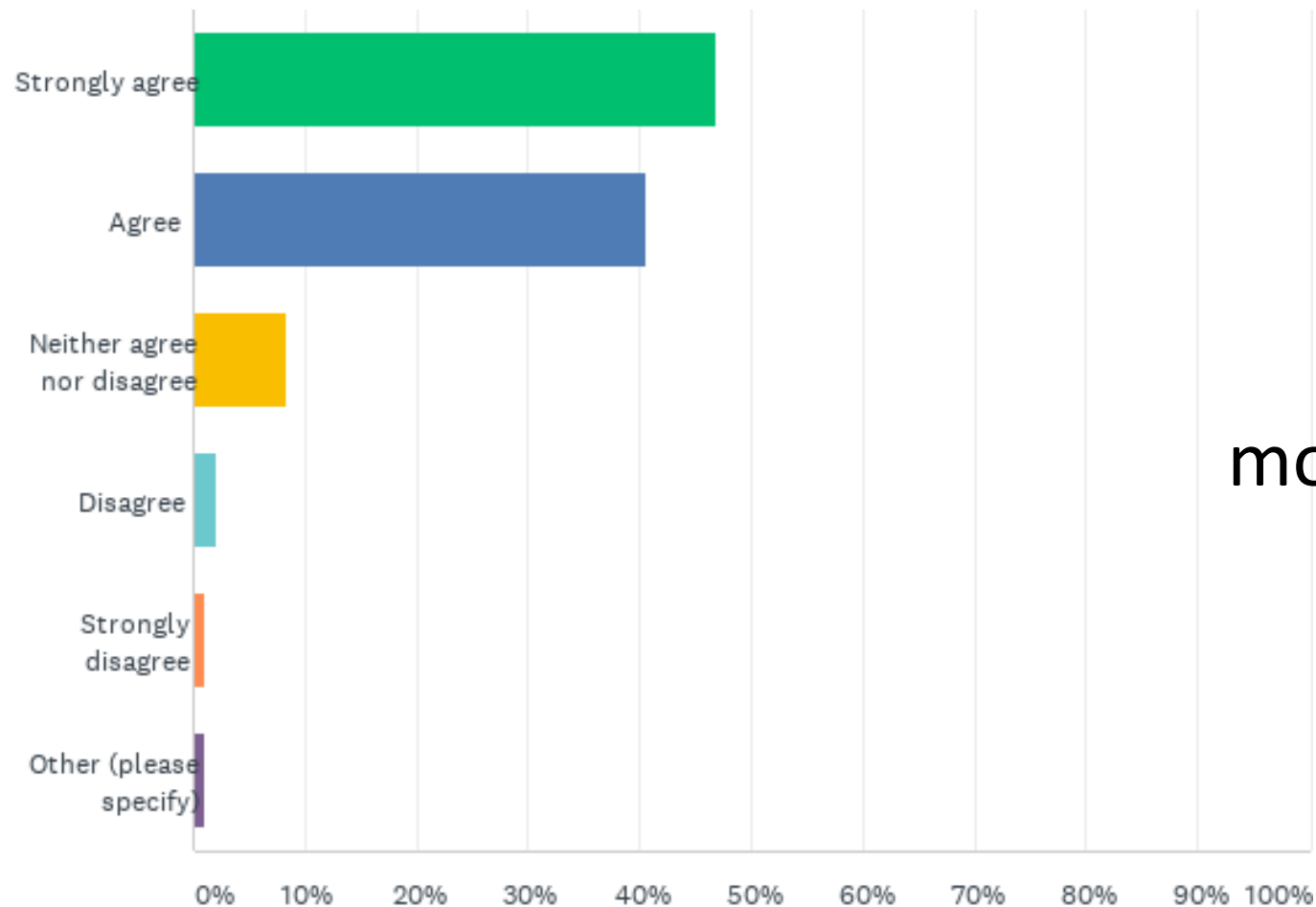
WeCARE 365 implemented across all SPC staff over 3 months



- Posters
- Guidebooks
- Online learning module (20 minutes)
- 14 x Helpsheets
- Wallet cards

- Successfully launched with company wide Webinar
- SPC branding on all material
- Links provided to Lifeworks EAP
- Senior management involvement and commitment ensured successful rollout and completion
- Staff feedback appreciative that the business provided this program that was relevant to the workplace as well as home

Q2: Having completed the WeCARE course, I feel more confident to help a distressed teammate or loved one.

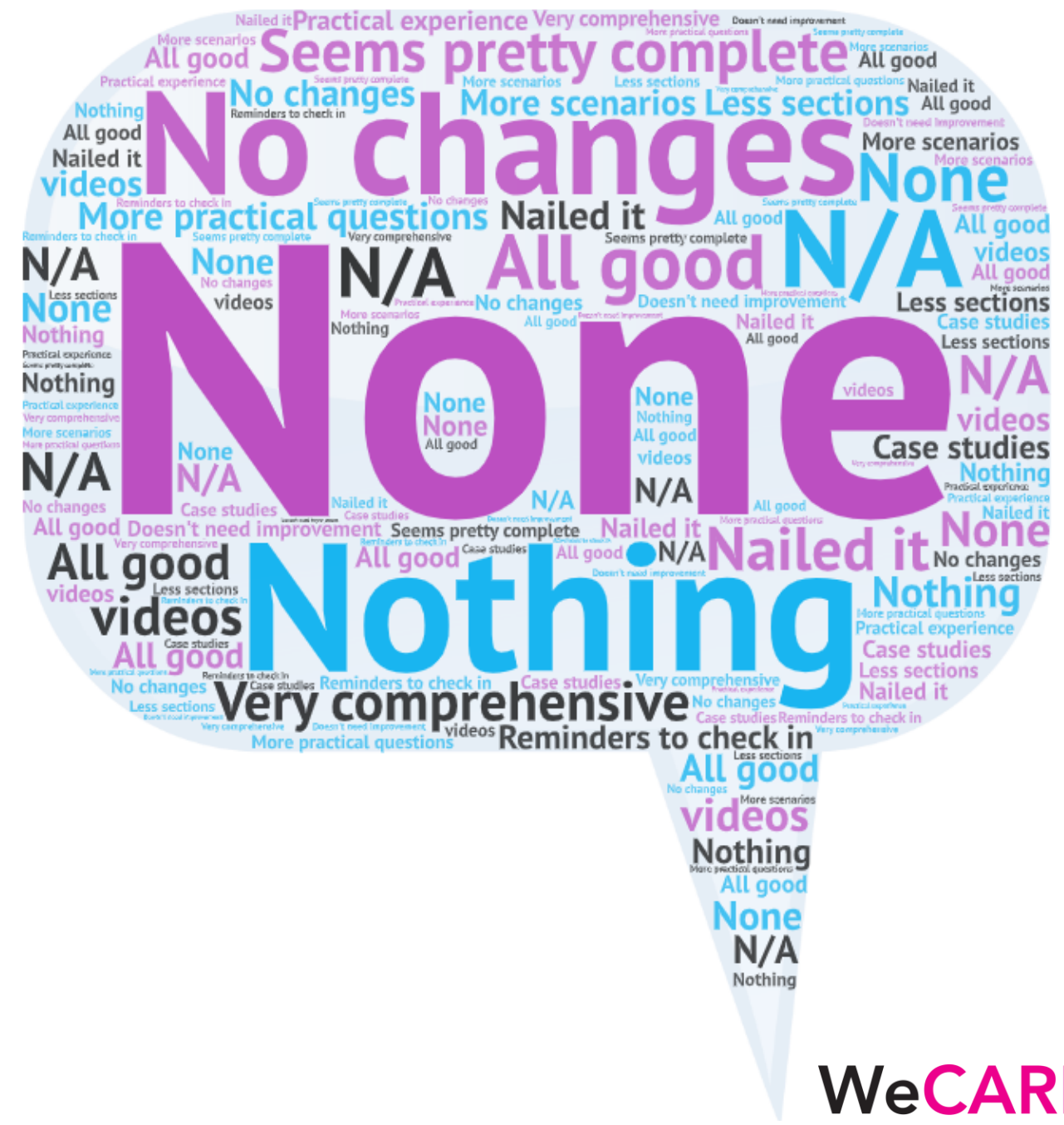


87%
more confident to help

“Was there one resource that you feel will be the most helpful to you?”



“What changes would most improve WeCARE?”





“I have saved all the great help sheets for the future, for people to read when they come to our home.

They then know we can support them - or provide information to help them.”

SPC Factory Engineer

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