

# Safety is everyone's responsibility

## Take 5 to protect yourself and your teammates



**Before** you begin a task,  
**during** a task and  
**After** a task

### 1. Stop

Engage your mind before your hands.

### 2. Think

Consider the task.

### 3. Look

Look for existing and potential hazards, and assess their risk levels.

### 4. Choose

Choose the most effective way to remove or reduce risks.

### 5. Act

Make the changes to do the job safely and keep a look out for changes.

### Why Take 5?

This quick and informal risk assessment helps you to:

- identify hazards step by step
- prevent incidents and injuries
- take control and stay involved in your own safety.

For more Workplace Health & Safety tools and information visit [eml.com.au/resources](http://eml.com.au/resources)

